

# *Bankhead National Forest*

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# *News*

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**For Immediate Release**

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## **NATIONAL TRAILS DAY EVENT ON BANKHEAD NATIONAL FOREST**

National Trails Day will be celebrated on the Bankhead National Forest this year. The event, which emphasizes America's trails, will be on Saturday, June 5, at Clear Creek Recreation Area. This year's event ties trails to health, encouraging Americans to improve their health while enjoying the great outdoors. The USDA Forest Service has joined with Solid Image Fitness, a Jasper fitness center, and the Cradle of Forestry Interpretive Association in America, who operates Clear Creek and Corinth Recreation Areas, to host this year's event. The event will be from 9:30 am to 1:00 pm at the Clear Creek Recreation Area day use area. The fee for the day use area is \$3.00 per vehicle (up to six people) and includes the national trails day event and other day use amenities – swimming area, picnic sites and trails.

There will be several exhibit booths featuring health and trails, trail safety, Bankhead National Forest trails, Leave No Trace, Sipsey Wilderness information, and a special kids booth with games. Guided hikes will be at 10:00 am and 11:00 am; there will be trail guides to identify some of the local plants and trees. There will also be abundant brochures about trails and recreation. Make plans to bring the entire family and learn more about trails and how they can be a part of your healthy lifestyle.

For more information about this National Trails Day event, contact the Bankhead Ranger District at 205 489-5111.

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